

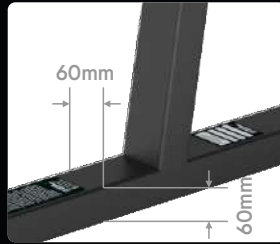


LIGHT COMMERCIAL & HOME SPORT EQUIPMENT

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FEATURES OF THE NEW LINE



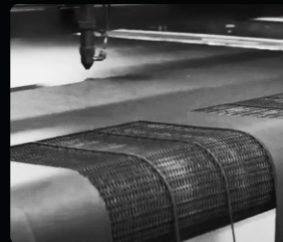
Durable steel profile
(60x60x2,5 mm)



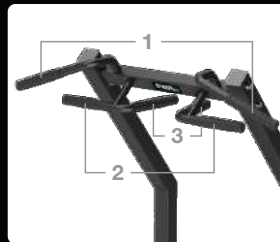
Simplistic design



Enhanced durability of
parts compared to
traditional home use
products



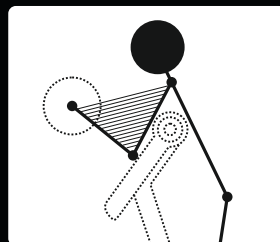
Upholstery: high
quality
eco-leather



Multifunctional
solutions



Filling: two-layer
polyurethane foam
resistant to shrinkage
and deformation



Advanced
biomechanics



Powder coating
(electrostatic coating)

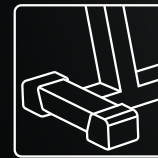
KEY FEATURES OF LC LINE



Strength equipment of LC line is sport products for light-commercial and home use with enhanced technical characteristics. They are designed to enable effective trainings both at home and in the gyms up to 100 m².

May be
disassembled

enables easy lifting to
high floor and assembly in
a small room with narrow
doors



Durable steel

designed for intensive
high load and use



Compact
transportation

significantly reduces
transportation costs



Detachable design

Compact packing



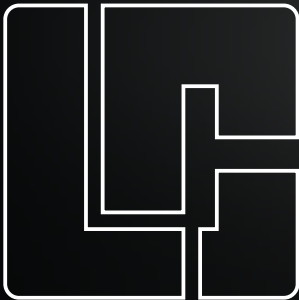
LC302

ADJUSTABLE BENCH

Inter Atletika Adjustable Bench LC302 is a piece of sports equipment for training the following muscle groups: hands, shoulders, chest, back and abdominal.

- Max user weight: 130 kg.
- Back rest adjustment: 0 to 80 degrees.
- Seat adjustment: 0 to 30 degrees.
- Rollers to facilitate bench moving.
- Adjustable handle for lifting and transporting the bench.
- Weight: 33 kg.

Length (mm)	1323
Width (mm)	621
Height (mm)	450
Max. loading (kg)	350



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LC303

SCOTT BENCH

Inter Atletika Scott Bench LC303 is one of the most effective products for biceps work-out, which allows doing barbell biceps curl also with reverse grip and biceps hammer curl.

- Stop hooks for the barbell.
- Plate holders for easy storage (25 mm diameter).
- Weight: 38 kg.

Length (mm)	921
Width (mm)	1042
Height (mm)	1110
Max. loading (kg)	150



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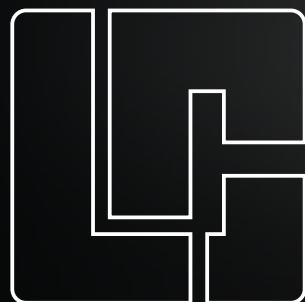
LC303.1

SCOTT BENCH (DOUBLE)

Inter Atletika Scott Bench LC303.1 is one of the best products for training biceps and shoulder muscles.

- Two sides means two incline angles.
- Stop hooks for the barbell on both sides and at different height levels
- Plate holders for easy storage (25 mm diameter).
- Weight: 55 kg.

Length (mm)	921
Width (mm)	1042
Height (mm)	1110
Max. loading (kg)	150



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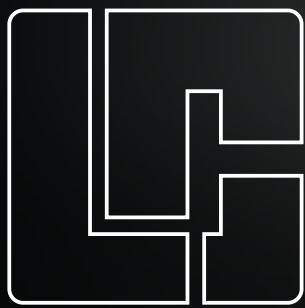
LC309

BARBELL RACK

Inter Atletika Barbell Rack LC309 is a real must have for doing a whole set of basic strength building exercises: pressing bar in different positions, either standing or on a bench) and for bar squats.

- Detachable bar traps with height adjustment in 12 positions.
- Adjustable safety traps.
- Plate holders for easy storage (25 mm diameter).
- Weight: 60 kg.

Length (mm)	1141
Width (mm)	1512
Height (mm)	1541
Max. loading (kg)	200



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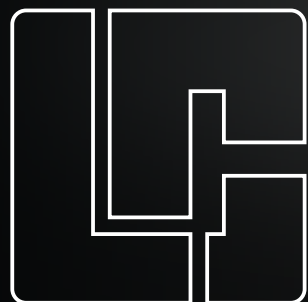


LC313

HYPEREXTENSION

- Inter Atletika
hyperextension LC313 is a
real must have for doing a
whole set of
basic strength building
exercises: pressing bar in
different positions, either
standing or on a bench)
and for bar squats.
- Detachable bar traps with
height adjustment in 12
positions.
 - Adjustable safety traps.
 - Plate holders for easy
storage (25 mm diameter).
 - Weight: 47 kg.

Length (mm)	1213
Width (mm)	922
Height (mm)	740
Max. loading (kg)	150



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LC312

PULL-UP/DIP/ ABDOMINAL COMBO

Inter Atletika Pull-up/Dip/Abdominal combo LC312 is designed for training

shoulder and back muscles, abs, biceps and triceps.

- Multifunctional handles: close, wide and parallel grips.
- Parallel bars with ergonomic handles.
- Push-up bars.
- Max user weight: 130 kg.
- Weight: 82 kg.

Length (mm)	1276
Width (mm)	1071
Height (mm)	2386
Max. loading (kg)	150



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PACKAGING

LC303
(1050 x 1050 x 200 mm)



LC303.1
(1050 x 1050 x 200 mm)



LC313
(1200 x 800 x 300 mm)



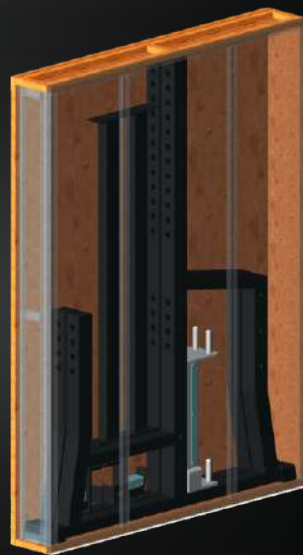
LC302
(500 x 1400 x 320 mm)



LC312
(1700 x 1400 x 265 mm)

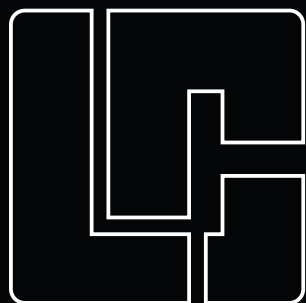


LC309
(1600 x 1200 x 190 mm)



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